



# Sabine Stefani



## EXPERIENCE

### Parental Leave

08/2025 – 08/2026

Maternity leave with focus on early childhood bonding, development and routines as a family of 4.

At the same time, I am establishing my own childcare concept, *2nd.home.to.grow* — a small, relationship-centered daycare and PEKiP offering designed to provide children with a secure, nurturing environment where they can grow with trust, individuality and strong emotional foundations.

### PEKiP Course Instructor | Midwifery Practice Zurich

11/2024 – 02/2025

- Conducted development-focused PEKiP courses during the first year of life
- Professional guidance for parents on bonding, movement and play
- Precise observation and documentation of individual developmental milestones
- Strengthened parent-child interaction and facilitated group exchange
- Organised and structured course delivery

### Social Pedagogue (B.A.) | Psychiatric University Hospital Zurich

06/2024 – Present

- Designed and further developed a resource-oriented, milieu-therapeutic treatment setting in a clinical context
- Reference person work with structured implementation of the care process in accordance with best practice
- Professional crisis intervention and resource-oriented daily structuring
- Active participation in therapeutic change and development processes
- Close interdisciplinary collaboration within the therapeutic setting

### Deputy Ward Manager / Social Worker (B.A.) | Psychiatric University Hospital Zurich

09/2022 – 06/2024

- Professional and personnel leadership of an interdisciplinary team
- Case management of complex treatment processes
- Quality management and process optimisation
- Development and advancement of socio-pedagogical treatment concepts
- Coordination of the treatment team
- Implementation of therapeutically prescribed measures
- Responsibility for administration, logistics and budget areas

### Head of Pedagogy & Vocational Training Supervisor | profawo (Kids&Co Selnau) Zurich

05/2020 – 08/2022

- Overall responsibility for pedagogical quality, concept development and implementation
- Staff leadership, recruitment and strategic duty planning
- Professional training and supervision of apprentices (certified vocational trainer)
- Moderation of team meetings and case discussions
- Planning and conducting structured development and parent meetings
- Introduction and implementation of observation and documentation systems
- Further development of learning environments and curricula
- Organisation of educational programmes, excursions, forest days and parent events
- Ensuring hygiene, quality and operational standards (including COVID management)
- Optimisation of internal workflows and quality processes
- Representation of the institution during visits and professional events
- Budget, material and menu planning according to pedagogical concept

## CONTACT

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## CORE COMPETENCIES

- 18 years of professional experience in early childhood education
- Strong empathy and emotional intelligence
- High sense of responsibility
- Reliable and structured working style
- Intercultural and strong communication skills
- Independent and solution-oriented approach
- Advanced musical abilities
- Mother of a daughter (born June 2023) and a son (born August 2025)

## LANGUAGES

German: mother tongue

English: advanced



**Group Leader | Gemeinnützige Frauen Zürich (GFZ)**

05/2019 – 04/2020

- Overall pedagogical responsibility for one group
- Planning, implementation and evaluation of educational programmes
- Structured developmental documentation (portfolio, learning stories)
- Parent counselling and conducting development meetings

**Group Leader | Globegarden Bellerivestrasse – Zurich**

01/2019 – 04/2019

- Overall responsibility for group, curriculum and team coordination
- Supervision of professionals, apprentices and interns
- Systematic developmental observation and documentation
- Conducting settling-in and development meetings

**Group Leader | German School Shanghai**

08/2016 – 12/2018

- Co-established two nursery groups including concept development
- Developed individual settling-in concepts
- Advanced pedagogical standards within an intercultural environment
- Precise developmental observation and action planning
- Planned and conducted parent evenings and consultations
- Professional parental guidance
- Moderated multidisciplinary team meetings

**Group Leader | Municipality of Grünwald – Munich**

09/2013 – 07/2016

- Co-established a new childcare facility
- Professional leadership of a group including full developmental documentation and support planning
- Co-developed and implemented pedagogical, safety and hygiene concepts
- Conducted structured development meetings
- Professional parental counselling
- Team collaboration and participation in case discussions
- Organised cultural and religious events

**Recognised Year Educator | City of Deggendorf**

09/2012 – 08/2013

- Planned and implemented development-supporting educational programmes
- Created individual support and development plans
- Systematic learning documentation and evaluation of pedagogical measures
- Designed a positive learning environment incorporating reform pedagogical approaches (e.g. Montessori)
- Conducted parent meetings and participated in team meetings

**EDUCATION****State-Certified Educator**

Academy for Social Pedagogy – Deggendorf (2008 – 2013)

**Certified Specialist in Educational Management**

Kolping Academy – Munich (2014 – 2015)

**B.A. Social Pedagogy & Management**

FHM University of Applied Sciences – Cologne (2020 – 2022)

**Certified PEKiP Course Instructor**

PEKiP e.V., Wuppertal (2024)

**INTERESTS**

Piano and singing

Strength training

Vinyasa Yoga

Hiking

## CERTIFICATIONS

Certified Vocational Trainer

Yoga Teacher (RYT-200)

Certified Specialist in Educational Management (nursery supervisory recognition)

Certified PEKiP Instructor

B.A. Social Pedagogy / Social Work (recognised in Switzerland)

Ongoing professional development in child and youth services

*Sabine Stefani*